

Northwood Chiropractic Dr. Russell Janssen

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What three questions would you like answered today?

Patient Pain Drawing

<u>Helps</u>	<u>Position</u>	<u>Hurts</u>	<u>Helps</u>	<u>Position</u>	<u>Hurts</u>
_____	Sitting	_____	_____	Turning head	_____
_____	Standing	_____	_____	Turning body	_____
_____	Walking	_____	_____	Bending forward	_____
_____	Lifting	_____	_____	Bending backward	_____
_____	Lying on side	_____	_____	Bending arm/leg	_____
_____	Lying on side	_____	_____	Bending forward	_____
_____	Lying face down	_____	_____	Bending backward	_____
_____	Turning head	_____	_____	Bending arm/leg	_____
_____	Turning body	_____			
_____	Other (specify) _____				

Dr. Comments: _____

Please draw your pain using the symbols below. Please mark area(s) of injury or discomfort. Indicate the degree of pain using a scale of 1 (discomfort) to 10 (extreme pain).

NUMBNESS

NNNNNN

PINS & NEEDLES

XXXXXXXX

BURNING

BBBB

ACHING

AAAA

STABBING

SSSS

